



## Conversation Starters – Adults and Young People

### Ask

*The following are suggested conversation starters, the idea is to choose 1 or 2 and not to ask all.*

How difficult is it to keep your home warm, particularly in the colder months?

How difficult do you find it to pay for your heating costs, particularly in the colder months?

What problems do you have with mould or condensation?

### Assists

*These are some local and national organisations that support with this topic.*

Switching suppliers – you may be able to save money by switching your supplier if you haven't switched recently. Use a reputable comparison service.

Warm home discount scheme – speak to your supplier to see if they provide this service and if you're eligible for £140 towards electricity.

Local council – they can provide free support and advice on how you can cut costs depending on your circumstances.

Priority Services Register: You are eligible if you:

- have reached your state pension age
- are disabled or have a long-term medical condition
- are recovering from an injury
- have a hearing or sight condition
- have a mental health condition
- are pregnant or have young children
- have extra communication needs (such as if you don't speak or read English well).
- other reasons such as a short term stay in hospital

Welcoming places are opening their doors to local communities, offering everyone a free, warm, welcoming and friendly space. Why not explore your local Warm Welcome Space, it's a great place to connect with your community and to make new friends.

<https://www.southtyneside.gov.uk/article/14887/Welcoming-places-South-Tyneside-Community-spaces>

Call this number for help and advice on heating and insulation measures - Energy advice service 0300 1231234

### ACT

What will the person do?

What will you do with the person?

Who else can you connect the person to?

## Developing own scrip

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